

Margaret Eleanor Stevenson

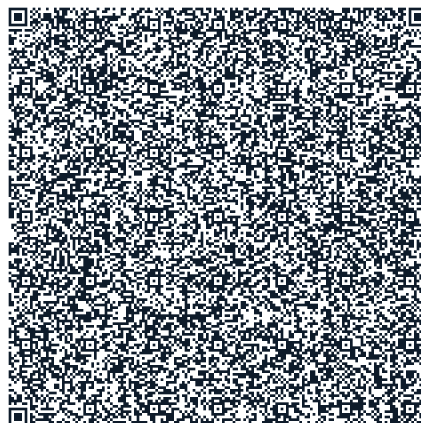
Age: 84 Blood type: O-

ALLERGIES

- Penicillin [ANAPHYLACTIC]
- Peanuts [ANAPHYLACTIC] [EpiPen]
- Sulfa drugs
- Shellfish
- Latex
- Codeine

EMERGENCY CONTACTS

- Daniel Stevenson (Son (primary carer)) - 0412 345 678
- Samantha Novak (Daughter) - 0423 556 788
- Robert Stevenson (Husband) - 0431 220 145
- Glenelg Family Practice (GP clinic) - 08 8123 4567
- Grace Community Care (Home care provider) - 1300 654 321
- Emma Lim (Granddaughter) - 0400 111 222



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Updated: 31 May 2026

Contains anaphylactic allergy - see allergies section

Practitioners

- Dr Aisha Rahman - General Practitioner (08 8123 4567 / Glenelg Family Practice, 12 Jetty Rd, Glenelg SA 5045)
Notes: Primary GP, coordinates all care.
- Dr Henry Walsh - Cardiologist (08 8232 1100 / Ashford Cardiology, 55 Anzac Hwy, Ashford SA 5035)
Notes: Reviews anticoagulation 6-monthly.
- Dr Priya Nair - Endocrinologist (08 8201 7788 / Calvary Specialist Centre, North Adelaide SA 5006)
Notes: Manages diabetes and thyroid.
- Dr James Okafor - Neurologist (08 8444 9090 / Memory Clinic, Flinders Medical Centre, Bedford Park)
Notes: Annual cognitive review.
- Steven Lim - Community Pharmacist (08 8295 3322 / Bayside Pharmacy, Brighton SA 5048)
Notes: Webster pack prepared weekly.
- Olivia Brennan - Physiotherapist (0412 998 220 / Mobile home visits)
Notes: Falls-prevention program, fortnightly.

Diagnoses

- Atrial fibrillation
Medication: Apixaban 5mg twice daily
Practitioner: Dr Henry Walsh
Date: 14 Mar 2019
Notes: Rate controlled. Avoid NSAIDs (bleeding risk).
- Type 2 diabetes mellitus
Medication: Metformin XR 1000mg mane; Empagliflozin 10mg
Practitioner: Dr Priya Nair
Date: 02 Aug 2012
Notes: HbA1c target 7.0%. Hypo-aware.
- Hypertension
Medication: Perindopril 5mg daily
Practitioner: Dr Aisha Rahman

- Date: 20 May 2010
Notes: Home BP diary kept.
- Hypothyroidism
Medication: Levothyroxine 100mcg daily
Practitioner: Dr Priya Nair
Date: 30 Nov 2015
Notes: Take on an empty stomach.
 - Mild cognitive impairment
Medication: Nil pharmacological
Practitioner: Dr James Okafor
Date: 18 Jan 2022
Notes: Needs supervision for medications and finances.
 - Osteoarthritis, both knees
Medication: Paracetamol 1g up to QID; topical diclofenac
Practitioner: Dr Aisha Rahman
Date: 11 June 2008
Notes: Uses a 4-wheel walker.
 - Chronic kidney disease, stage 3a
Medication: Renal dose-adjust where needed
Practitioner: Dr Aisha Rahman
Date: 09 Sept 2020
Notes: eGFR ~48. Avoid IV contrast.
 - Osteoporosis
Medication: Denosumab 60mg SC 6-monthly; Vitamin D
Practitioner: Dr Aisha Rahman
Date: 25 Feb 2017
Notes: Next injection due soon.
 - Gastro-oesophageal reflux disease
Medication: Pantoprazole 40mg daily
Practitioner: Dr Aisha Rahman
Date: 10 Apr 2014
Notes: Worse lying flat; head of bed raised.
 - Depression
Medication: Sertraline 50mg daily
Practitioner: Dr Aisha Rahman
Date: 15 June 2021
Notes: Stable; reviewed by GP quarterly.

Allergies

- Penicillin (Anaphylactic)
Notes: Rash and facial swelling, 1998.
Discovered: 01 Apr 1998
- Peanuts (Anaphylactic) (EpiPen)
Notes: Throat tightness; carries adrenaline.
Discovered: 01 Jan 1975
- Sulfa drugs
Notes: Widespread rash.
Discovered: 12 July 2003
- Shellfish
Notes: Hives and vomiting.
Discovered: 05 Oct 1990
- Latex
Notes: Contact dermatitis; flag before procedures.
Discovered: 19 Mar 2011

- Codeine

Notes: Severe nausea and confusion.

Discovered: 22 Aug 2016

Emergency contacts

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